

LET'S TALK:

ADVANCE CARE PLANNING CLASS

2023 SCHEDULE

WHEN: THIRD WEDNESDAY OF MONTH
10:00-11:30 AM

Mercy Medical Center—Clairmont Building
2625 Edith Avenue, Suite G, Redding

January 18

February 15

March 15

April 19

May 17

June 21

July 19

August 16

September 20

October 18

November 15

WHO:

Everyone is welcome

**Space is limited; please call 225-6186
to reserve your seat**

Brought to you by:



North State Quality Care Network

A Dignity Health Member

Phone: 225-6186

Email: Amy.McCaughey@dignityhealth.org

Website: NSQCN.org

ADVANCE DIRECTIVES, MADE SIMPLE

Advance directives are legal forms that direct your future healthcare and designate a person to make decisions on your behalf in the event you become unable to do so.

GET ANSWERS TO COMMON QUESTIONS:

Why is advance care planning important?

Who needs to complete an advance directive?

What do I do with my advance directive once it's completed?

**For your choice
For your loved ones
For your peace of mind**

Advance Directive documents will be provided