

NSQCN's Care Management Program

If you are living with a complex or chronic health condition, you might be eligible to participate in the Care Management Program of North State Quality Care Network (NSQCN).

This free, personalized program can help you improve and maintain your health with self-management techniques and coordination with your individual support team.

Participation is completely voluntary. However, you were identified by a healthcare professional as someone who might benefit from these services.

The North State Quality Care Network advantage:

Your healthcare provider participates in the North State Quality Care Network. This dedicated group of physicians work together with local hospitals to ensure that you and your family receive the highest quality, most affordable care.

NSQCN has developed the Care Management Program to provide personal outreach to patients who might require ongoing support to improve their health.

Please contact me to enroll in our Care Management Program, or with any questions or difficulties regarding your healthcare. I will work with your provider to get you help and answers.

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Your care management team.

Working together for a healthier you.

Please visit our website for additional information:

NSQCN.org



North State Quality
Care Network

A Dignity Health Member



North State Quality
Care Network

A Dignity Health Member



If you participate in the program, you will receive:

A dedicated healthcare team

Monthly contact from your care team

Personalized support with your healthcare goals

You will be assigned a registered nurse (RN) care coordinator to provide you with the individual support and assistance you need. He or she will work with your primary care physician with additional support from other care providers as necessary.

Your care team considers you as a whole person and not just as a medical condition. Your team will help you find solutions to issues that may hinder you from improving your health and well-being.

Participation in the program is completely voluntary and confidential, and will not affect your health benefits.

If you decide to participate, someone will call you to set up an appointment with your care coordinator to discuss your personal healthcare needs.

Only you, your physician and your care team know you have been invited to enroll in the program, which you may end at any time you wish.

We will not use or disclose your health information for anything but care management purposes. Any additional use will require your written authorization.

Your care management team can help you:

- **Get answers to your questions**
- **Follow your doctor's treatment plans**
- **Manage medications**
- **Coordinate your healthcare appointments**
- **Learn tips for self-care**
- **Access resources or programs that you need**

**If you have questions,
please contact us at
530-225-7553.**

If you think you may have a medical emergency, call your doctor, go to the nearest emergency department or call 911 immediately.