

# LET'S TALK:

## ADVANCE CARE PLANNING CLASS

### WHEN

**MORNINGS: Wednesdays at 10:00-11:30 AM**

#### Dignity Health Connected Living

Small Dining Room - 100 Mercy Oaks Drive, Redding

**July 18**

**October 17**

**August 15**

**November 21**

**September 19**

**December 19**

**EVENINGS: Tuesday at 6:00-7:30PM**

#### Mercy Medical Center Redding

Auditorium "C" - 2175 Rosaline Avenue, Redding

**August 7**

**October 9**

### WHO

**Everyone is welcome**

**Space is limited; please call 225-6186 to reserve your seat**

**Brought to you by:**



North State Quality Care Network  
A Dignity Health Member  
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Website: NSQCN.org

## ADVANCE DIRECTIVES, MADE SIMPLE

Advance directives are legal forms that direct your future healthcare and designate a person to make decisions on your behalf in the event you become unable to do so.

### GET ANSWERS TO COMMON QUESTIONS:

**Why is advance care planning important?**

**Who needs to complete an advance directive?**

**What do I do with my advance directive once it's completed?**

**For your choice  
For your loved ones  
For your peace of mind**

**Advance Directive documents will be provided**